

American Association of Snowboard Instructors



Adaptive Snowboard Standards Exam Supplement 2014

National Standards: Level One, Level Two, Level Three

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Adaptive Snowboard Contributors and Developers:

Kirsten Atkins	Rocky Mountain
Weylin Barrett	Northern Intermountain
Bill Bowness	Western
Kristen Caldwell	Intermountain
Kathy Chandler	Eastern
Chuck Chiu	Northern Intermountain
Ruth DeMuth	Rocky Mountain
Beth Fox	Rocky Mountain
Lindsay Hallvik	Alaska
Terri Henderson	Central
Geoff Krill	Eastern
Jeff Pitts	Northern Intermountain
Kathleen Priest	Northwest
Diana Proemm	Northern Rocky Mountain
Dave Schuiling	Rocky Mountain
Kim Seevers	Eastern
Josh Spoelstra	Western
John Stevenson	Northwest
Barbara Szwebel	Rocky Mountain

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Introduction

The information in the *AASI Adaptive Snowboard Standards Exam Supplement* has been developed to compliment the *2014 AASI Adaptive Snowboard Standards* and should be studied in conjunction with the Standards in preparation for taking certification exams. Reference material used in creating this document includes the current editions of PSIA-AASI's *Core Concepts for Snowsports Instructors*, the *Snowboard Instructor's Guide*, the *Adaptive Snowsports Instruction* manual, and the *Children's Instruction Manual* (2nd ed.).

Disability Classification Specific Techniques

Techniques for Disabilities

Important to teaching all students is the ability to ride safely when teaching or assisting students. The following section applies to safe riding techniques used when working with students with specific disabilities.

Certification Level	Sit-Down Classification
Level I	<ul style="list-style-type: none"> • Safely load and unload relevant sit equipment on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Safely 'bucket' and 'tether' appropriate sit equipment with handheld or fixed riggers on green terrain and be able to fluidly move between the two modes. • Perform the 'end-around' on green terrain (see below for definition). • Perform an emergency stop on command.
Level II	<ul style="list-style-type: none"> • Safely load and unload relevant sit equipment on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Safely 'bucket' and 'tether' appropriate sit equipment with handheld or fixed riggers on blue terrain and small freestyle features and be able to fluidly move between the two modes. • Perform the 'end-around' on blue terrain. • Perform an emergency stop on command.
Level III	<ul style="list-style-type: none"> • Safely load and unload relevant sit equipment on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Safely 'bucket' and 'tether' appropriate sit equipment with handheld or fixed riggers on black terrain and freestyle features and be able to fluidly move between the two modes. • Perform the 'end-around' on black terrain. • Perform an emergency stop on command.

Certification Level	Standing Classification
Level I	<ul style="list-style-type: none"> • Safely load and unload riders using a 'two point hold' on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, gondolas). • Safely load and unload riders using snowboard tethers on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Be able to safely tether snowboarders on green terrain. • Demonstrate the basic guiding techniques (behind, in front, alongside) and safe lift loading/unloading procedures used with available stand up snowboard equipment on green terrain (rider bar, snow-wing, snowboard tethers, stand up riggers, etc.).
Level II	<ul style="list-style-type: none"> • Safely load and unload riders using a 'two point hold' on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Safely load and unload riders using snowboard tethers on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Be able to safely tether snowboarders on blue terrain and small freestyle features. • Demonstrate the basic guiding techniques (behind, in front, alongside) and safe lift loading/unloading procedures used with available stand up snowboard equipment on blue terrain (rider bar, snow-wing, snowboard tethers, stand up riggers, etc.).
Level III	<ul style="list-style-type: none"> • Safely load and unload riders using a 'two point hold' on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, gondolas). • Safely load and unload riders using snowboard tethers on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Be able to safely tether snowboarders on black terrain and any freestyle features. • Demonstrate the basic guiding techniques (behind, in front, alongside) and safe lift loading/unloading procedures with any stand up snowboard equipment on black terrain (rider bar, snow-wing, snowboard tethers, stand up riggers, etc.).

Certification Level	Visually Impaired / Cognitive Classification
Level I	<ul style="list-style-type: none"> • Safely load and unload riders using a 'two point hold' on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Safely load and unload riders using snowboard tethers on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Be able to safely tether snowboarders on green terrain. • Demonstrate the basic guiding techniques for the visually impaired from lesson start point through the lift line and down the slopes including commands for left, right, slow, stop, emergency stop, etc. and able to guide from in front, behind or alongside the rider on green terrain.
Level II	<ul style="list-style-type: none"> • Safely load and unload riders using a 'two point hold' on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Safely load and unload riders using snowboard tethers on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Be able to safely tether snowboarders on blue terrain. • Demonstrate the basic guiding techniques for the visually impaired from lesson start point through the lift line and down the slopes including commands for left, right, slow, stop, emergency stop, etc. and able to guide from in front, behind or alongside the rider on blue terrain and small freestyle features.
Level III	<ul style="list-style-type: none"> • Safely load and unload riders using a 'two point hold' on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Safely load and unload riders using snowboard tethers on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas). • Be able to safely tether snowboarders on black terrain. • Demonstrate the basic guiding techniques for the visually impaired from lesson start point through the lift line and down the slopes including commands for left, right, slow, stop, emergency stop, etc. and able to guide from in front, behind or alongside the rider on any black terrain and any freestyle feature.

Definitions

Module: a three-part system for presenting/learning adaptive techniques/skills.

Bucketing: the ability to safely pilot the sit equipment while maintaining speed and directional control with a direct two point hold.

Tethering: the ability to use safety lines to control speed and direction of the sit equipment on appropriate terrain.

End-around: the pivot slip from regular to switch riding to be able to stay downhill of the sit rider at all times on both left and right turns.