

Candidate:

Region:

**Assessment:** 

Assessor(s):

# PSIA Certified Level I Adaptive Alpine Bi / Mono Ski ASSESSMENT FORM

Meets Standards
<b>Does Not Meet Standards</b>

# **Assessment Scale for Certified Level I**

- 1 Essential elements were not observed or not present.
- 2 Essential elements are beginning to appear.
- 3 Essential elements appear, but not with consistency.
- 4 Essential elements appear regularly at a satisfactory level.
- **5** Essential elements appear frequently, above required level.
- 6 Essential elements appear continuously, at a superior level.

ASSESSMENT CRITERIA		
Instructor Decisions & Behavior	Movement Analysis	
Professionalism and Self-Management: Maintains a professional environment by demonstrating self-awareness and self-management. (Continual Assessment)	Articulates an accurate cause-and-effect relationship between body and ski performance within any single Alpine Skiing Fundamental in a specific phase of the turn to offer a relevant prescription for change for skiers in the beginner/novice zone in the respective adaptive discipline(s).	
Needs/Safety Address group and individual safety and physiological needs.	Consistently demonstrates their ability to work with students who are bi or mono skiing by:	
Behavior Management  Exhibits positive behavior in response to feedback.	Observe and Describe Describing ski and body performance in any single Alpine Skiing Fundamental	
Section Average: Must be 4 or above to meet Learning Outcome	through one phase of the turn.  Cause and Effect	
Comments	Linking ski and body performance to describe cause-and-effect relationships in one Alpine Skiing Fundamental in one phase of the turn.	
	Evaluate and Describe	
	Evaluating described performance and comparing it to more ideal performance.	
	Prescription	
	Prescribing a specific change in one Alpine Skiing Fundamental.	
	Equipment, Technique, Tactics	
	Observing and describing how equipment choices, techniques, and tactics affect performance and safety.	
	Section Average: Must be 4 or above to meet Learning Outcome	
Equipment & Tactics	Comments	
Demonstrates basic understanding of equipment and tactics, based on students' cognitive, affective, and physical assessments.		
Demonstrates the following lesson components crucial to improving the performance of beginner/novice zone students who are bi or mono skiing:		
Student Assessment		
Appropriate student assessments.		
Equipment Choices		
Assistive equipment choices.		
Equipment Set-Up		
Assistive equipment set-up.		
Technique & Tactics		
Assistive technique and tactical choices.		
Section Average: Must be 4 or above to meet Learning Outcome		
Comments		
Comments		

# **Diagnoses & Medications**

Demonstrates basic understanding of the most common diagnoses - as well as applicable medication classifications and their potential side effects - in relation to the adaptive discipline, skiing performance, and teaching considerations for students in the beginner/novice zone.

Shows a general knowledge of the following for students who are bi or mono skiing:

# **Diagnoses**

Prevalent diagnoses.

# Medications

Common associated medication classifications and potential side effects.

# Strategies for Diagnoses & Medications

Strategies to prevent, reduce, and safely respond to corollary effects of students' diagnoses and medications.

Section Average: Must be 4 or above to meet Learning Outcome

# Comments

# Tech Tactics & Communication

Demonstrates a refined understanding of technical tactics and communication strategies for working with and guiding intermediate-zone students with vision-related diagnoses through the mountain

Consistently demonstrates their **anniy wwent** with students with vision-related diagnoses through the intermediate zone by:

# Safety Procedures

Accurately demonstrating procedures for safely navigating the mountain environment.

# **Adjusting Personal Performance**

Adjusting personal performance, teaching, and tactics to direct student performance - using duration, intensity, rate, and timing (DIRT) - and accounting for the diagnoses

# as well as changing snow conditions. **Communication**

Applying and adapting verbal and nonverbal two-way communication to facilitate a change in student performance.

Section Average: Must be 4 or above to meet Learning Outcome

# Comments

# Adaptations of Teaching Skills

Demonstrates their ability to adapt the Teaching-Skill learning outcomes relative to students with vision-related diagnoses and adapts learning experiences as necessary, moving toward the agreed-upon outcomes while engaging them in the process.

Consistently demonstrates their ability to work with students with vision-related diagnoses by:

# Assess

Periodically reassessing student motivations, current performance, and understanding.

### Collaborate

Collaborating with students to establish and adapt a lesson plan with clear direction and focus.

### Plan Lesson

Planning lessons that provide time for play and/or exploration through productive use of movement, practice time, terrain, and applicable behavior management strategies.

### Pacing

Pacing learning activities to allow students to move toward agreed-upon outcomes while accommodating for any corollary effects of students' diagnoses and medications

# Adapt

Managing the learning environment and adapting teaching strategies to align with the individual needs of students, both one-on-one and within a group.

# Descriptions, Demonstrations, Feedback

Providing clear and relevant information (descriptions, demonstrations, and feedback) that encourages learning and engagement.

# Manage Risk

Manage physical and emotional risk to promote engagement in the learning environment.

# **Describe Change**

Helping students recognize and understand change in performance relative to

# Relate Change

Helping students apply improved skills to skiing situations.

Section Average: Must be 4 or above to meet Learning Outcome

# Comments